

2025年度水泳資格表【男子】

		公益財団法人日本水泳連盟																																			
		8歳以下	9歳	10歳	11歳	12歳	13歳	14歳	15～16歳	17～19歳	19歳以上																										
自由形	50m	B	1歳	49.11	45.21	41.52	38.03	35.50	33.80	32.27	31.32	30.42	28.58	50m	B	1歳	100.91	56.07	51.49	47.01	43.88	41.79	39.89	38.72	37.61	36.56	100m	B	1歳	2:08.35	1:24.11	1:18.53	1:14.79	1:11.39	1:09.29	1:07.31	1:05.42
		2歳	47.12	43.78	40.35	36.96	34.58	32.93	31.47	30.52	29.67	28.84	2歳		58.91	54.41	50.08	45.76	42.78	40.67	38.87	37.71	36.68	35.62	2歳	2:04.35		1:20.11	1:14.53	1:10.79	1:07.39	1:05.29	1:03.31	1:01.42			
		3歳	46.33	42.35	39.19	35.93	33.66	32.06	30.68	29.73	28.93	28.10	3歳		57.61	52.75	48.70	44.52	41.68	39.57	37.85	36.71	35.76	34.69	3歳	2:00.35		1:16.11	1:10.53	1:06.79	1:03.39	1:01.29	99.31	97.42			
		4歳	44.94	40.93	38.03	34.89	32.75	31.20	29.89	28.94	28.19	27.36	4歳		55.97	51.08	47.31	43.28	40.58	38.43	36.84	35.71	34.84	33.78	4歳	1:56.35		1:12.11	1:06.53	1:02.79	99.39	97.29	95.31	93.42			
		5歳	43.55	39.50	36.86	33.84	31.83	30.33	29.09	28.15	27.45	26.62	5歳		54.32	49.43	45.91	42.03	39.49	37.31	35.82	34.71	33.92	32.82	5歳	1:52.35		1:08.11	1:02.53	98.79	96.29	94.29	92.30	90.41			
		6歳	42.16	38.08	35.70	32.80	30.92	29.47	28.30	27.36	26.71	25.88	6歳		52.68	47.77	44.52	40.79	38.39	36.19	34.81	33.71	33.00	31.89	6歳	1:48.35		1:04.11	98.53	94.89	92.89	90.89	88.90	87.01			
		7歳	40.77	36.65	34.54	31.75	30.00	28.60	27.51	26.56	25.97	25.14	7歳		51.03	46.11	43.13	39.55	37.29	35.07	33.79	32.70	32.07	30.96	7歳	1:44.37		1:00.11	94.53	90.89	88.89	86.89	84.90	83.01			
		8歳	39.38	35.22	33.27	30.70	29.08	27.73	26.71	25.77	25.23	24.40	8歳		49.38	44.45	41.73	38.30	36.20	33.95	32.77	31.70	31.10	30.02	8歳	1:40.39		96.11	90.53	86.89	84.89	82.89	80.90	79.01			
		9歳	37.99	33.80	32.31	29.66	28.17	26.87	25.92	24.98	24.49	23.66	9歳		47.74	42.79	40.34	37.06	35.10	32.83	31.76	30.70	30.23	29.09	9歳	1:36.41		92.11	86.53	82.89	80.89	78.89	76.90	75.01			
		10歳	36.60	32.37	31.05	28.61	27.25	26.00	25.13	24.19	23.75	22.92	10歳		46.09	41.13	38.95	35.82	34.00	31.71	30.74	29.70	29.31	28.16	10歳	1:32.43		88.11	82.53	78.89	76.89	74.89	72.90	71.01			
		11歳	35.22	30.95	29.89	27.57	26.34	25.14	24.34	23.40	23.01	22.19	11歳		44.45	39.48	37.56	34.58	32.91	30.59	29.73	28.70	28.39	27.23	11歳	1:28.45		84.11	78.53	74.89	72.89	70.89	68.90	67.01			
		12歳	33.88	30.50	29.17	27.01	25.84	24.74	23.94	23.08	22.58	21.74	12歳		42.72	38.76	36.61	33.76	32.11	30.16	29.30	28.36	27.87	26.78	12歳	1:24.47		80.11	74.53	70.89	68.89	66.89	64.90	63.01			
		13歳	32.55	30.06	28.73	26.45	25.34	24.34	23.55	22.77	22.15	21.31	13歳		41.00	38.04	35.68	32.95	31.32	29.73	28.88	28.03	27.36	26.33	13歳	1:20.49		76.11	70.53	66.89	64.89	62.89	60.90	59.01			
		14歳	31.22	29.61	27.73	25.89	24.84	23.94	23.16	22.46	21.72	20.88	14歳		39.28	37.32	34.71	32.13	30.52	29.30	28.45	27.69	26.84	25.88	14歳	1:16.51		72.11	66.53	62.89	60.89	58.89	56.90	55.01			
		15歳	29.89	28.17	27.01	25.34	24.34	23.55	22.77	22.15	21.31	20.42	15歳		37.56	36.61	33.76	31.32	29.73	28.88	28.03	27.36	26.33	25.43	15歳	1:12.53		68.11	62.53	58.89	56.89	54.89	52.90	51.01			
自由形	100m	B	1歳	1:47.74	1:38.19	1:31.10	1:24.14	1:18.53	1:14.79	1:11.39	1:09.29	1:07.31	1:05.42	100m	B	1歳	2:11.91	2:01.44	1:51.52	1:42.05	1:35.25	1:31.70	1:28.59	1:24.04	1:21.84	1:19.37	200m	B	1歳	4:23.56	3:48.11	3:42.53	3:38.11	3:34.29	3:30.47	3:26.65	3:22.83
		2歳	1:44.72	1:36.10	1:28.58	1:21.81	1:16.47	1:12.78	1:09.55	1:07.46	1:05.58	1:03.76	2歳		2:08.35	1:57.85	1:48.51	1:39.34	1:32.84	1:28.31	1:24.42	1:21.90	1:19.60	1:17.31	2歳	4:19.56		3:44.11	3:38.53	3:34.11	3:30.29	3:26.47	3:22.65	3:18.83			
		3歳	1:41.70	1:33.01	1:26.07	1:19.48	1:14.41	1:10.78	1:07.71	1:05.63	1:03.86	1:02.09	3歳		2:04.80	1:54.27	1:45.50	1:36.64	1:30.43	1:25.92	1:22.25	1:19.76	1:17.56	1:15.25	3歳	4:10.76		3:35.11	3:29.53	3:25.11	3:21.29	3:17.47	3:13.65	3:09.83			
		4歳	1:38.69	1:29.93	1:23.56	1:17.15	1:12.35	1:08.78	1:05.87	1:03.80	1:02.14	1:00.42	4歳		2:01.24	1:50.69	1:42.50	1:33.93	1:28.02	1:23.53	1:20.08	1:17.62	1:15.33	1:13.19	4歳	4:06.02		3:30.11	3:24.53	3:20.11	3:16.29	3:12.47	3:08.65	3:04.83			
		5歳	1:35.67	1:26.84	1:21.05	1:14.83	1:10.29	1:06.78	1:04.03	1:01.97	1:00.42	98.75	5歳		1:57.69	1:47.11	1:39.49	1:31.23	1:25.61	1:21.14	1:17.91	1:15.49	1:13.49	1:11.49	5歳	3:57.18		3:21.11	3:15.53	3:11.11	3:07.29	3:03.47	2:59.65	2:55.83			
		6歳	1:32.66	1:23.76	1:18.54	1:12.50	1:08.24	1:04.78	1:02.19	1:00.14	98.70	97.08	6歳		1:54.13	1:43.53	1:36.49	1:28.52	1:23.20	1:18.75	1:15.75	1:13.35	1:11.46	1:09.08	6歳	3:50.24		3:14.11	3:08.53	3:04.11	3:00.29	2:56.47	2:52.65	2:48.83			
		7歳	1:29.64	1:20.67	1:16.03	1:10.17	1:06.18	1:02.78	1:00.35	98.31	96.88	95.45	7歳		1:50.58	1:39.94	1:33.48	1:25.82	1:20.79	1:16.35	1:13.58	1:11.21	1:09.42	1:07.02	7歳	3:43.30		3:07.11	3:01.53	2:57.11	2:53.29	2:49.47	2:45.65	2:41.83			
		8歳	1:26.62	1:17.58	1:13.52	1:07.85	1:04.12	1:00.78	98.51	96.48	95.26	93.73	8歳		1:47.02	1:36.36	1:30.47	1:23.11	1:18.38	1:13.96	1:11.41	1:09.08	1:07.38	1:04.96	8歳	3:36.36		3:00.11	2:54.53	2:50.11	2:46.29	2:42.47	2:38.65	2:34.83			
		9歳	1:23.61	1:14.50	1:11.01	1:05.52	1:02.06	98.78	96.67	94.65	93.54	92.06	9歳		1:43.47	1:32.78	1:27.47	1:20.41	1:15.97	1:11.57	1:09.24	1:06.94	1:05.35	1:02.94	9歳	3:29.42		2:93.11	2:87.53	2:83.11	2:79.29	2:75.47	2:71.65	2:67.83			
		10歳	1:20.59	1:11.41	1:08.50	1:03.19	1:00.00	96.78	94.83	92.82	91.82	90.39	10歳		1:39.91	1:29.20	1:24.46	1:17.10	1:13.56	1:09.18	1:07.04	1:04.80	1:03.31	1:00.84	10歳	3:22.48		2:86.11	2:80.53	2:76.11	2:72.29	2:68.47	2:64.65	2:60.83			
		11歳	1:17.58	1:08.33	1:05.99	1:00.87	97.95	94.78	93.00	91.00	90.10	88.72	11歳		1:36.36	1:25.62	1:21.46	1:15.00	1:11.15	1:06.79	1:04.91	1:02.87	1:01.28	98.79	11歳	3:15.54		2:79.11	2:73.53	2:69.11	2:65.29	2:61.47	2:57.65	2:53.83			
		12歳	1:14.88	1:05.63	1:03.29	98.33	95.20	92.00	90.00	87.99	86.99	85.42	12歳		1:33.33	1:22.59	1:18.43	1:11.00	1:06.62	1:02.74	1:00.70	98.66	96.62	94.58	12歳	3:08.59		2:72.11	2:66.53	2:62.11	2:58.29	2:54.47	2:50.65	2:46.83			
		13歳	1:11.78	1:02.53	1:00.26	95.19	92.00	89.00	87.00	85.00	83.99	82.42	13歳		1:28.91	1:22.51	1:17.35	1:11.50	1:06.00	1:04.85	1:02.92	1:00.94	98.91	97.15	13歳	3:01.65		2:65.11	2:59.53	2:55.11	2:51.29	2:47.47	2:43.65	2:39.83			
		14歳	1:08.88	1:00.36	1:01.14	96.85	93.30	90.24	88.00	85.79	84.27	82.66	14歳		1:25.18	1:20.95	1:15.30	1:09.75	1:04.22	1:03.03	1:01.07	99.10	97.18	95.33	14歳	2:54.70		2:58.11	2:52.53	2:48.11	2:44.29	2:40.47	2:36.65	2:32.83			
		15歳	1:05.99	1:04.37	99.53	95.52	93.09	91.40	89.80	88.61	87.12	85.53	15歳		1:21.46	1:19.40	1:13.25	1:08.00	1:04.85	1:02.92	1:00.94	98.91	97.15	95.33	15歳	2:47.76		2:51.11	2:45.53	2:41.11	2:37.29	2:33.47	2:29.65	2:25.83			
自由形	200m	B	1歳	3:54.97	3:36.31	3:18.66	3:04.42	2:52.13	2:43.93	2:36.48	2:31.88	2:27.54	2:23.44	200m	B	1歳	4:43.56	4:21.05	3:59.74	3:41.25	3:28.94	3:16.66	3:07.32	3:02.20	2:57.00	2:52.08	400m	B	1歳	9:23.56	8:48.11	8:42.53	8:38.11	8:34.29	8:30.47	8:26.65	8:22.83
		2歳	3:48.29	3:29.44	3:13.05	2:59.13	2:47.50	2:39.40	2:32.36	2:27.84	2:23.77	2:19.75	2歳		4:36.01	4:13.48	3:53.40	3:35																			

2025年度水泳資格表【女子】

		公益財団法人日本水泳連盟																						
		8歳以下		9歳	10歳	11歳	12歳	13歳	14歳	15～16歳	17～18歳	19歳以上												
自由形	50m	A	1歳	49.11	1:00.91	41.52	40.01	38.14	36.70	34.71	34.37	34.87	34.38	33.90	B	1歳	50.07	51.49	49.78	47.45	45.66	44.01	43.38	42.18
			2歳	47.73	59.31	40.35	38.85	37.09	35.72	34.51	34.02	33.56	33.20	2歳		50.31	54.47	50.14	48.33	46.16	44.41	42.91		
		AA	3歳	46.36	57.71	39.19	37.69	36.05	34.75	33.65	33.18	32.74	32.25	3歳	57.71	52.88	48.79	46.88	44.87	43.17	41.81	40.79		
			4歳	44.99	56.11	38.03	36.53	35.01	33.78	32.79	32.33	31.92	31.35	4歳	56.11	51.29	47.44	45.44	43.59	41.93	40.72	39.66		
			5歳	43.62	54.51	36.87	35.37	33.97	32.81	31.93	31.49	31.11	30.51	5歳	54.51	49.69	46.09	43.99	42.30	40.99	39.62	38.98		
	100m	A	6歳	42.25	52.91	35.71	34.21	32.93	31.84	31.08	30.64	30.29	29.66	B	6歳	52.91	48.10	44.75	42.55	41.02	39.45	38.53	37.88	
			7歳	40.88	51.31	34.54	33.05	31.88	30.87	30.22	29.80	29.47	28.81		7歳	51.31	46.51	43.40	41.11	39.73	38.20	37.43	36.78	
		AA	8歳	39.51	49.71	33.38	31.89	30.84	29.90	29.36	28.95	28.66	27.92	B	8歳	49.71	44.91	42.05	39.65	38.44	36.96	36.33	35.68	
			9歳	38.14	48.11	32.22	30.73	29.80	28.93	28.50	28.11	27.84	27.17		9歳	48.11	43.32	40.70	38.21	37.16	35.72	35.24	34.58	
			10歳	36.77	46.51	31.06	29.57	28.76	27.96	27.64	27.26	27.02	26.27		10歳	46.51	41.73	39.35	36.76	35.87	34.48	34.14	33.48	
自由形	200m	A	11歳	35.40	44.91	29.90	28.41	27.72	26.99	26.79	26.42	26.21	B	11歳	44.91	40.14	38.01	35.32	34.59	33.24	33.05	32.39		
			12歳	34.02	43.18	29.40	27.90	27.28	26.65	26.40	26.03	25.76		12歳	43.18	39.39	37.17	34.66	33.96	32.85	32.60	32.01		
		AA	13歳	32.65	41.46	28.40	27.40	26.84	26.31	26.02	25.64	25.31	24.41	B	13歳	41.46	38.65	36.33	34.01	33.33	32.47	32.15	31.63	
			14歳	31.27	39.73	26.40	26.00	26.40	25.97	25.63	25.25	24.86	23.91		14歳	39.73	37.91	35.48	33.22	32.70	32.08	31.70	31.25	
			15歳	29.90	38.01	27.90	26.40	25.97	25.63	25.25	24.86	24.41	23.39		15歳	38.01	37.17	34.66	32.70	32.08	31.70	31.25	30.88	
	400m	A	1歳	1:47.74	2:11.91	1:31.10	1:27.08	1:23.00	1:19.87	1:16.98	1:15.88	1:14.81	1:13.77	B	1歳	2:11.91	2:04.44	1:51.52	1:47.58	1:42.54	1:38.69	1:35.11	1:33.75	
			2歳	1:44.72	2:08.45	1:28.53	1:24.59	1:20.75	1:17.75	1:15.11	1:14.00	1:13.02	1:11.92		2歳	2:08.45	1:58.00	1:48.61	1:44.49	1:39.76	1:36.07	1:32.80	1:31.44	
		AA	3歳	1:41.70	2:05.00	1:25.97	1:22.10	1:18.50	1:15.64	1:13.24	1:12.13	1:11.24	1:10.07	B	3歳	2:05.00	1:54.56	1:45.70	1:41.39	1:36.99	1:33.40	1:30.50	1:29.13	
			4歳	1:38.68	2:01.55	1:23.40	1:19.61	1:16.25	1:13.52	1:11.37	1:10.25	1:09.45	1:08.23		4歳	2:01.55	1:51.13	1:42.80	1:38.30	1:34.22	1:30.83	1:28.20	1:26.82	
			5歳	1:35.66	1:58.09	1:20.84	1:17.12	1:14.00	1:11.41	1:09.50	1:08.38	1:07.67	1:06.38		5歳	1:58.09	1:47.69	1:39.89	1:35.20	1:31.44	1:28.21	1:25.90	1:24.51	
自由形	800m	A	6歳	1:32.65	1:54.64	1:18.27	1:14.63	1:11.75	1:09.30	1:07.63	1:06.51	1:05.89	B	6歳	1:54.64	1:44.26	1:36.99	1:32.11	1:28.67	1:25.60	1:23.60	1:22.20		
			7歳	1:29.63	1:51.19	1:15.71	1:12.14	1:09.50	1:07.18	1:05.76	1:04.63	1:04.10		7歳	1:51.19	1:40.82	1:34.08	1:29.01	1:25.98	1:22.98	1:21.29	1:19.89		
		AA	8歳	1:26.61	1:47.73	1:13.14	1:09.65	1:07.25	1:05.07	1:03.89	1:02.76	1:02.32	B	8歳	1:47.73	1:37.38	1:31.17	1:25.91	1:23.12	1:20.36	1:18.99	1:17.58		
			9歳	1:23.59	1:44.28	1:10.18	1:07.16	1:05.00	1:02.95	1:02.02	1:00.88	1:00.53		9歳	1:44.28	1:33.95	1:28.12	1:22.82	1:20.35	1:17.74	1:16.69	1:15.27		
			10歳	1:20.57	1:40.83	1:08.01	1:04.87	1:02.75	1:00.84	1:00.15	99.01	98.75		10歳	1:40.83	1:30.51	1:25.36	1:19.72	1:17.58	1:15.12	1:14.39	1:12.96		
	1500m	A	11歳	1:17.56	1:37.38	1:05.45	1:02.19	1:00.31	98.73	98.28	97.14	96.97	B	11歳	1:37.38	1:27.08	1:22.46	1:16.63	1:14.81	1:12.51	1:12.09	1:10.68		
			12歳	1:14.53	1:34.29	1:03.42	1:00.16	98.28	97.87	97.42	96.28	96.11		12歳	1:34.29	1:23.86	1:18.84	1:13.81	1:12.26	1:10.65	1:09.89	1:08.69		
		AA	13歳	1:11.50	1:29.92	1:03.22	99.92	98.48	97.21	96.56	95.61	95.04	B	13歳	1:29.92	1:23.86	1:18.84	1:13.81	1:12.26	1:10.65	1:09.89	1:08.69		
			14歳	1:08.47	1:26.19	1:02.11	98.64	97.46	96.45	95.70	94.84	94.08		14歳	1:26.19	1:22.25	1:17.03	1:12.40	1:10.99	1:09.79	1:08.79			
			15歳	1:05.45	1:22.46	1:01.00	97.46	96.45	95.70	94.84	94.08	93.12		15歳	1:22.46	1:20.65	1:15.22	1:10.99	1:10.92	1:09.79	1:08.79			
自由形	3000m	A	1歳	3:54.97	4:43.56	3:18.66	3:08.95	3:00.09	2:53.32	2:47.04	2:44.65	2:42.33	2:40.08	B	1歳	4:43.56	4:21.05	3:59.74	3:49.38	3:38.60	3:30.39	3:27.26	3:19.87	
			2歳	3:48.28	4:35.97	3:12.93	3:03.48	2:55.20	2:48.63	2:42.87	2:40.48	2:38.36	2:35.97		2歳	4:35.97	4:13.43	3:53.27	3:42.69	3:32.62	3:24.77	3:17.82	3:14.97	
		AA	3歳	3:41.60	4:28.39	3:07.20	2:58.02	2:50.32	2:43.95	2:38.71	2:36.32	2:34.39	2:31.87	B	3歳	4:28.39	4:05.81	3:46.80	3:36.02	3:26.32	3:18.16	3:12.89	3:10.07	
			4歳	3:34.92	4:20.80	3:01.47	2:52.56	2:45.44	2:39.27	2:34.54	2:32.15	2:30.42	2:27.77		4歳	4:20.80	3:58.19	3:40.33	3:29.35	3:20.66	3:15.34	3:07.95	3:05.17	
			5歳	3:28.23	4:13.22	2:55.74	2:47.10	2:40.56	2:34.58	2:30.38	2:27.99	2:26.45	2:23.66		5歳	4:13.22	3:50.57	3:33.86	3:22.68	3:14.68	3:07.33	3:02.02	2:58.22	
	5000m	A	6歳	3:21.55	4:05.63	2:50.01	2:41.64	2:35.68	2:29.60	2:26.22	2:23.83	2:22.48	2:19.56	B	6歳	4:05.63	3:42.95	3:27.39	3:16.02	3:08.71	3:02.31	2:58.09	2:55.38	
			7歳	3:14.87	3:58.05	2:44.28	2:36.17	2:30.80	2:25.22	2:22.05	2:19.66	2:18.51	7歳		3:58.05	3:35.33	3:20.92	3:09.35	3:02.73	2:56.70	2:53.15	2:50.48		
		AA	8歳	3:08.18	3:50.46	2:38.55	2:30.71	2:25.92	2:20.53	2:17.89	2:15.50	2:14.54	8歳	3:50.46	3:27.71	3:14.45	3:02.68	2:56.75	2:51.08	2:48.22	2:45.58			
			9歳	3:01.50	3:42.88	2:32.82	2:25.24	2:21.04	2:15.85	2:13.73	2:11.33	2:10.57	9歳	3:42.88	3:20.09	3:07.98	2:56.01	2:50.77	2:45.47	2:43.28	2:40.58			
			10歳	2:54.82	3:35.29	2:27.08	2:19.52	2:16.16	2:11.17	2:09.58	2:07.11	2:06.35	10歳	3:35.29	3:12.47	3:00.51	2:48.54	2:43.29	2:38.03	2:35.78	2:33.01			
自由形	10000m	A	11歳	2:48.14	3:27.71	2:14.37	2:14.33	2:11.28	2:06.49	2:05.40	2:03.01	2:02.63	1:59.05	B	11歳	3:27.71	3:04.85	2:55.05	2:42.68	2:38.82	2:34.24	2:33.42	2:30.89	
			12歳	2:41.44	3:19.54	2:18.97	2:17.99	2:08.91	2:03.83	2:03.69	2:01.53	2:01.78	1:57.15		12歳	3:19.54	3:01.44	2:51.23	2:38.80	2:36.27	2:32.36	2:31.19	2:28.77	
		AA	13歳	2:34.75	3:11.38	2:16.58	2:09.25	2:06.55	2:03.38	2:01.98	2:00.05	1:58.94	1:55.26	B	13歳	3:11.38	2:58.04	2:47.32	2:34.92	2:33.72	2:30.49	2:28.97	2:27.75	
			14歳	2:28.06	3:03.21	2:14.18	2:06.71	2:04.18	2:01.82	2:00.27	1:58.57	1:57.10	1:53.36		14歳	3:03.21	2:54.63	2:43.61	2:34.04	2:33.17	2:28.62	2:27.75	2:24.53	
			15歳	2:21.37	2:55.05	2:11.79	2:04.18	2:01.82	2:00.27	1:58.57	1:57.10	1:55.26	1:51.47		15歳	2:55.05	2:51.23	2:39.80	2:31.17	2:28.62	2:26.75	2:24.53	2:22.42	
	20000m	A	1歳	8:19.86	51.87	7:02.63	6:39.32	6:20.60	6:06.30	5:53.02	5:44.96	5:43.08	5:38.31	B	1歳	51.87	47.75	43.85	42.00	40.03	38.52	37.13	36.60	
			2歳	8:05.31	50.45	6:49.99	6:27.54	6:10.05	5:56.18	5:44.02	5:38.98	5:34.51	5:29.71		2歳	50.45	46.32	42.67	40.83	38.98	37.52	36.24	35.70	
		AA	3歳	7:50.77	49.04	6:37.36	6:15.76	5:59.50	5:46.06	5:35.02	5:29.98	5:24.54	5:21.11	B	3歳	49.04	44.89	41.50	39.66	37.94	36.52	35.35	34.41	
			4歳	7:36.23	47.63	6:24.72	6:03.98	5:48.96	5:35.94	5:26.02	5:20.98	5:17.37	5:12.52		4歳	44.89	41.50	39.66	37.94	36.52	35.35	34.41	33.48	
			5歳	7:21.68	46.22	6:12.09	5:52.20	5:38.41	5:25.82	5:17.02	5:11.98	5:08.80	5:03.92		5歳	44.89	41.50	39.66	37.94	36.52	35.35	34.41	33.48	
自由形	4000m	A	6歳	7:07.14	44.81	5:59.14	5:40.42	5:27.87	5:15.90	5:09.03	5:03.98	4:58.98	B	6歳	5:59.14	5:40.42	5:27.87	5:15.90	5:09.03	5:03.98	4:58.98	4:53.98		
			7歳	6:52.80	43.37	5:46.82	5:28.84	5:17.92	5:05.95	4:59.03	4:53.98	4:48.98		7歳	5:46.82	5:28.84	5:17.92	5:05.95	4:59.03	4:53.98	4:48.98	4:43.98		
		AA	8歳	6:39.05	41.99	5:34.18	5:16.86	5:06.77	4:55.46	4:50.03	4:44.98	4:40.13	4:35.13	B	8歳	5:34.18	5:16.86	5:06.77	4:55.46	4:50.03	4:44.98	4:40.13	4:35.13	
			9歳	6:23.51	40.58	5:21.55	5:05.08	4:56.23	4:45.34	4:41.03	4:35.98	4:34.53	4:29.54		9歳	5:21.55	5:05.0							