

2023年度水泳資格表《男子13歳以上》

男子資格級		自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
		50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
19歳以上	AA	15級	20.56	45.53	1:40.52	3:35.10	7:29.45	14:18.40	22.52	48.99	1:46.94	25.43	55.53	2:00.73	21.97	48.66	1:46.85	50.29	1:50.05	3:54.81
		14級	21.00	46.36	1:42.17	3:38.50	7:36.07	14:31.04	23.07	50.07	1:49.34	25.92	56.41	2:02.57	22.36	49.54	1:49.19	51.20	1:52.05	3:59.38
		13級	21.44	47.18	1:43.81	3:41.90	7:42.69	14:43.68	23.63	51.16	1:51.74	26.40	57.29	2:04.40	22.75	50.41	1:51.53	52.12	1:54.06	4:03.95
		12級	21.88	48.01	1:45.46	3:45.30	7:49.31	14:56.33	24.19	52.24	1:54.15	26.89	58.17	2:06.24	23.15	51.28	1:53.87	53.03	1:56.06	4:08.52
		11級	22.32	48.83	1:47.11	3:48.70	7:55.93	15:08.97	24.75	53.32	1:56.55	27.38	59.05	2:08.08	23.54	52.16	1:56.21	53.95	1:58.07	4:13.09
	A	10級	23.23	50.82	1:51.30	3:57.49	8:14.05	15:43.52	25.74	55.45	2:01.10	28.51	1:01.51	2:13.18	24.54	54.23	2:00.70	56.20	2:02.85	4:23.14
		9級	24.13	52.80	1:55.49	4:06.28	8:32.16	16:18.07	26.74	57.57	2:05.66	29.64	1:03.98	2:18.28	25.55	56.31	2:05.19	58.46	2:07.63	4:33.19
		8級	25.04	54.79	1:59.67	4:15.07	8:50.28	16:52.63	27.73	59.70	2:10.21	30.77	1:06.44	2:23.38	26.55	58.38	2:09.67	1:00.71	2:12.42	4:43.24
		7級	25.95	56.77	2:03.86	4:23.86	9:08.39	17:27.18	28.73	1:01.83	2:14.77	31.90	1:08.91	2:28.48	27.56	1:00.45	2:14.16	1:02.97	1:17.20	4:53.29
		6級	26.85	58.76	2:08.05	4:32.65	9:26.51	18:01.73	29.72	1:03.96	2:19.32	33.03	1:11.37	2:33.59	28.56	1:02.53	2:18.65	1:05.22	2:21.98	5:03.34
	B	5級	27.76	1:00.75	2:12.24	4:41.43	9:44.63	18:36.28	30.71	1:06.08	2:23.87	34.17	1:13.83	2:38.69	29.57	1:04.60	2:23.14	1:07.47	2:26.76	5:13.39
		4級	28.67	1:02.73	2:16.43	4:50.22	10:02.74	19:10.83	31.71	1:08.21	2:28.43	35.30	1:16.30	2:43.79	30.58	1:06.67	2:27.63	1:09.73	2:31.54	5:23.44
		3級	29.58	1:04.72	2:20.61	4:59.01	10:20.86	19:45.39	32.70	1:10.34	2:32.98	36.43	1:18.76	2:48.89	31.58	1:08.74	2:32.11	1:11.98	2:36.33	5:33.49
		2級	30.48	1:06.70	2:24.80	5:07.80	10:38.97	20:19.94	33.70	1:12.46	2:37.54	37.56	1:21.23	2:53.99	32.59	1:10.82	2:36.60	1:14.24	2:41.11	5:43.54
		1級	31.39	1:08.69	2:28.99	5:16.59	10:57.09	20:54.49	34.69	1:14.59	2:42.09	38.69	1:23.69	2:59.09	33.59	1:12.89	2:41.09	1:16.49	2:45.89	5:53.59
17歳	AA	15級	21.44	47.18	1:43.81	3:41.90	7:42.69	14:43.68	23.63	51.16	1:51.74	26.40	57.29	2:04.40	22.75	50.41	1:51.53	52.12	1:54.06	4:03.95
		14級	21.83	47.96	1:45.33	3:44.64	7:48.19	14:54.19	24.11	52.19	1:54.07	26.94	58.29	2:06.47	23.21	51.32	1:53.45	53.07	1:56.14	4:07.71
		13級	22.22	48.75	1:46.85	3:47.38	7:53.70	15:04.70	24.60	53.23	1:56.39	27.48	59.28	2:08.53	23.67	52.22	1:55.37	54.02	1:58.23	4:11.47
		12級	22.62	49.54	1:48.36	3:50.12	7:59.20	15:15.21	25.08	54.26	1:58.71	28.01	1:00.28	2:10.59	24.12	53.13	1:57.28	54.97	2:00.31	4:15.22
		11級	23.01	50.32	1:49.88	3:52.86	8:04.70	15:25.72	25.56	55.30	2:01.03	28.55	1:01.28	2:12.65	24.58	54.03	1:59.20	55.92	2:02.39	4:18.98
	A	10級	23.94	52.35	1:54.21	4:02.14	8:23.82	16:02.18	26.57	57.45	2:05.61	29.67	1:03.76	2:17.80	25.57	56.13	2:03.85	58.20	2:07.21	4:29.45
		9級	24.87	54.37	1:58.54	4:11.43	8:42.94	16:38.63	27.59	59.60	2:10.18	30.80	1:06.24	2:22.96	26.56	58.22	2:08.50	1:00.48	2:12.03	4:39.92
		8級	25.93	56.46	2:03.18	4:20.71	9:02.06	17:15.09	28.65	1:01.75	2:14.76	31.92	1:09.00	2:28.11	27.55	1:00.32	2:13.15	1:02.76	2:16.85	4:50.39
		7級	26.72	58.43	2:07.20	4:29.99	9:21.18	17:51.55	29.61	1:03.90	2:19.33	33.05	1:11.20	2:33.27	28.54	1:02.41	2:17.80	1:05.03	2:21.67	5:00.86
		6級	27.65	1:00.46	2:11.53	4:39.27	9:40.30	18:28.01	30.62	1:06.04	2:23.91	34.17	1:13.69	2:38.42	29.54	1:04.51	2:22.44	1:07.31	2:26.49	5:11.34
	B	5級	28.58	1:02.48	2:15.87	4:48.56	9:59.41	19:04.46	31.64	1:08.19	2:28.49	35.29	1:16.17	2:43.57	30.53	1:06.61	2:27.09	1:09.58	2:31.31	5:21.81
		4級	29.51	1:04.51	2:20.20	4:57.84	10:18.53	19:40.92	32.65	1:10.34	2:33.06	36.42	1:18.65	2:48.73	31.52	1:08.70	2:31.74	1:11.86	2:36.13	5:32.28
		3級	30.43	1:06.54	2:24.53	5:07.12	10:37.65	20:17.38	33.66	1:12.49	2:37.64	37.54	1:21.13	2:53.88	32.51	1:10.80	2:36.39	1:14.14	2:40.95	5:42.75
		2級	31.36	1:08.56	2:28.86	5:16.41	10:56.77	20:53.83	34.68	1:14.64	2:42.21	38.67	1:23.61	2:59.04	33.50	1:12.89	2:41.04	1:16.41	2:45.77	5:53.22
		1級	32.29	1:10.59	2:33.19	5:25.69	11:15.89	21:30.29	35.69	1:16.79	2:46.79	39.79	1:26.09	3:04.19	34.49	1:14.99	2:45.69	1:18.69	2:50.59	6:03.69
15歳	AA	15級	22.22	48.75	1:46.85	3:47.38	7:53.70	15:04.70	24.60	53.23	1:56.39	27.48	59.28	2:08.53	23.67	52.22	1:55.37	54.02	1:58.23	4:11.47
		14級	22.55	49.39	1:48.13	3:49.59	7:58.81	15:14.46	24.96	54.01	1:57.98	27.91	1:00.14	2:10.08	24.04	52.99	1:56.94	54.67	1:59.64	4:14.22
		13級	22.87	50.04	1:49.41	3:51.79	8:03.92	15:24.22	25.32	54.78	1:59.56	28.34	1:00.99	2:11.63	24.41	53.75	1:58.51	55.31	2:01.05	4:16.97
		12級	23.20	50.68	1:50.70	3:54.00	8:09.03	15:33.98	25.68	55.56	2:01.15	28.77	1:01.84	2:13.18	24.78	54.52	2:00.08	55.95	2:02.46	4:19.72
		11級	23.52	51.33	1:51.98	3:56.21	8:14.14	15:43.74	26.04	56.34	2:02.74	29.21	1:02.69	2:14.73	25.15	55.28	2:01.65	56.60	2:03.87	4:22.47
	A	10級	24.50	53.47	1:56.55	4:06.11	8:34.30	16:22.19	27.11	58.61	2:07.63	30.39	1:05.29	2:20.22	26.18	57.47	2:06.54	59.04	2:09.04	4:33.66
		9級	25.47	55.60	2:01.12	4:16.01	8:54.47	17:00.65	28.17	1:00.87	2:12.53	31.56	1:07.89	2:25.70	27.22	59.66	2:11.44	1:01.48	2:14.21	4:44.85
		8級	26.45	57.74	2:05.69	4:25.90	9:14.63	17:39.10	29.24	1:03.14	2:17.42	32.74	1:10.49	2:31.19	28.25	1:01.85	2:16.33	1:03.92	2:19.39	4:56.05
		7級	27.43	59.87	2:10.26	4:35.80	9:34.80	18:17.56	30.30	1:05.40	2:22.32	33.92	1:13.09	2:36.67	29.29	1:04.04	2:21.23	1:06.36	2:24.56	5:07.24
		6級	28.41	1:02.01	2:14.83	4:45.70	9:54.96	18:56.02	31.37	1:07.67	2:27.21	35.10	1:15.69	2:42.16	30.32	1:06.24	2:26.12	1:08.79	2:29.73	5:18.43
	B	5級	29.38	1:04.15	2:19.41	4:55.60	10:15.13	19:34.47	32.43	1:09.93	2:32.11	36.28	1:18.29	2:47.65	31.35	1:08.43	2:31.01	1:11.23	2:34.90	5:29.62
		4級	30.36	1:06.28	2:23.98	5:05.50	10:35.29	20:12.93	33.50	1:12.20	2:37.01	37.46	1:20.89	2:53.13	32.39	1:10.62	2:35.91	1:13.67	2:40.07	5:40.81
		3級	31.34	1:08.42	2:28.55	5:15.39	10:55.46	20:51.38	34.56	1:14.46	2:41.90	38.63	1:23.49	2:58.62	33.42	1:12.81	2:40.80	1:16.11	2:45.25	5:52.01
		2級	32.31	1:10.55	2:33.12	5:25.29	11:15.62	21:29.84	35.63	1:16.73	2:46.80	39.81	1:26.09	3:04.10	34.46	1:15.00	2:45.70	1:18.55	2:50.42	6:03.20
		1級	33.29	1:12.69	2:37.69	5:35.19	11:35.79	22:08.29	36.69	1:18.99	2:51.69	40.99	1:28.69	3:09.59	35.49	1:17.19	2:50.59	1:20.99	2:55.59	6:14.39
14歳	AA	15級	22.87	50.04	1:49.41	3:51.79	8:03.92	15:24.22	25.32	54.78	1:59.56	28.34	1:00.99	2:11.63	24.41	53.75	1:58.51	55.31	2:01.05	4:16.97
		14級	23.28	50.88	1:50.90	3:54.97	8:10.80	15:37.36	25.80	55.82	2:01.72	28.84	1:02.01	2:13.75	24.86	54.71	2:00.56	56.19	2:02.98	4:21.05
		13級	23.69	51.72	1:52.39	3:58.14	8:17.68	15:50.50	26.28	56.86	2:03.87	29.33	1:03.03	2:15.86	25.31	55.68	2:02.62	57.08	2:04.91	4:25.14
		12級	24.09	52.56	1:53.87	4:01.31	8:24.56	16:03.64	26.76	57.89	2:06.03	29.83	1:04.06	2:17.98	25.76	56.64	2:04.67	57.96	2:06.85	4:29.22
		11級	24.50	53.40	1:55.36	4:04.48	8:31.44	16:16.78	27.24	58.93	2:08.18	30.32	1:05.08	2:20.10	26.20	57.60	2:06.73	58.84		

2023年度水泳資格表《男子12歳以下》

男子資格級		自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
		50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
12歳	AA	15級	24.41	53.25	1:55.54	4:05.07	8:32.43	16:18.68	27.17	58.79	2:07.82	30.22	1:04.91	2:19.06	26.08	57.36	2:06.44	58.73	2:08.54	4:32.28
		14級	24.93	54.43	1:58.11	4:10.60	8:44.05	16:40.87	27.87	1:00.28	2:11.05	30.90	1:06.47	2:22.18	26.64	58.73	2:09.47	1:00.05	2:11.41	4:38.22
		13級	25.45	55.60	2:00.68	4:16.12	8:55.67	17:03.06	28.57	1:01.77	2:14.29	31.57	1:08.03	2:25.30	27.19	1:00.09	2:12.51	1:01.36	2:14.28	4:44.17
		12級	25.96	56.78	2:03.26	4:21.65	9:07.28	17:25.25	29.27	1:03.26	2:17.53	32.24	1:09.59	2:28.43	27.75	1:01.46	2:15.54	1:02.67	2:17.16	4:50.11
		11級	26.48	57.95	2:05.83	4:27.17	9:18.90	17:47.44	29.97	1:04.75	2:20.77	32.91	1:11.15	2:31.55	28.30	1:02.82	2:18.58	1:03.98	2:20.03	4:56.06
	A	10級	27.60	1:00.39	2:11.13	4:38.44	9:41.86	18:31.23	31.13	1:07.23	2:26.15	34.27	1:14.08	2:37.88	29.49	1:05.29	2:24.05	1:06.76	2:25.93	5:08.88
		9級	28.72	1:02.84	2:16.42	4:49.71	10:04.82	19:15.03	32.29	1:09.72	2:31.53	35.63	1:17.02	2:44.22	30.68	1:07.75	2:29.52	1:09.54	2:31.82	5:21.71
		8級	29.84	1:05.28	2:21.72	5:00.99	10:27.78	19:58.82	33.46	1:12.20	2:36.91	36.98	1:19.95	2:50.55	31.87	1:10.22	2:34.99	1:12.33	2:37.72	5:34.53
		7級	30.96	1:07.73	2:27.01	5:12.26	10:50.74	20:42.62	34.62	1:14.69	2:42.30	38.34	1:22.89	2:56.88	33.06	1:12.69	2:40.46	1:15.11	2:43.61	5:47.35
		6級	32.09	1:10.17	2:32.31	5:23.53	11:13.70	21:26.41	35.78	1:17.17	2:47.68	39.70	1:25.82	3:03.22	34.25	1:15.16	2:45.93	1:17.89	2:49.51	6:00.17
	B	5級	33.21	1:12.61	2:37.61	5:34.80	11:36.65	22:10.21	36.94	1:19.65	2:53.06	41.06	1:28.75	3:09.55	35.43	1:17.62	2:51.40	1:20.67	2:55.41	6:13.00
		4級	34.33	1:15.06	2:42.90	5:46.07	11:59.61	22:54.00	38.10	1:22.14	2:58.44	42.42	1:31.69	3:15.89	36.62	1:20.09	2:56.88	1:23.45	3:01.30	6:25.82
3級		35.45	1:17.50	2:48.20	5:57.35	12:22.57	23:37.80	39.27	1:24.62	3:03.83	43.77	1:34.62	3:22.22	37.81	1:22.56	3:02.35	1:26.23	3:07.20	6:38.64	
2級		36.57	1:19.95	2:53.49	6:08.62	12:45.53	24:21.59	40.43	1:27.11	3:09.21	45.13	1:37.56	3:28.56	39.00	1:25.02	3:07.82	1:29.01	3:13.09	6:51.47	
1級		37.69	1:22.39	2:58.79	6:19.89	13:08.49	25:05.39	41.59	1:29.59	3:14.59	46.49	1:40.49	3:34.89	40.19	1:27.49	3:13.29	1:31.79	3:18.99	7:04.29	
11歳	AA	15級	25.45	55.60	2:00.68	4:16.12	8:55.67	17:03.06	28.57	1:01.77	2:14.29	31.57	1:08.03	2:25.30	27.19	1:00.09	2:12.51	1:01.36	2:14.28	4:44.17
		14級	26.03	56.92	2:03.40	4:21.91	9:07.80	17:26.24	29.33	1:03.45	2:17.94	32.30	1:09.72	2:28.81	27.81	1:01.65	2:15.96	1:02.78	2:17.39	4:50.74
		13級	26.61	58.24	2:06.11	4:27.70	9:19.94	17:49.43	30.09	1:05.13	2:21.58	33.02	1:11.42	2:32.31	28.42	1:03.21	2:19.40	1:04.19	2:20.49	4:57.31
		12級	27.19	59.55	2:08.82	4:33.48	9:32.08	18:12.61	30.84	1:06.80	2:25.23	33.75	1:13.11	2:35.82	29.04	1:04.76	2:22.85	1:05.61	2:23.60	5:03.88
		11級	27.77	1:00.87	2:11.53	4:39.27	9:44.22	18:35.79	31.60	1:08.48	2:28.87	34.48	1:14.80	2:39.32	29.65	1:06.32	2:26.30	1:07.03	2:26.70	5:10.45
	A	10級	29.03	1:03.61	2:17.53	4:52.05	10:09.95	19:24.97	32.90	1:11.22	2:34.83	36.01	1:18.08	2:46.41	30.99	1:09.06	2:32.38	1:10.17	2:33.35	5:24.86
		9級	30.29	1:06.35	2:23.52	5:04.84	10:35.67	20:14.15	34.20	1:13.96	2:40.78	37.54	1:21.36	2:53.49	32.34	1:11.79	2:38.46	1:13.30	2:40.00	5:39.27
		8級	31.56	1:09.10	2:29.52	5:17.62	11:01.40	21:03.33	35.50	1:16.70	2:46.73	39.07	1:24.64	3:00.58	33.68	1:14.53	2:44.53	1:16.44	2:46.65	5:53.69
		7級	32.82	1:11.84	2:35.51	5:30.40	11:27.13	21:52.51	36.80	1:19.44	2:52.68	40.60	1:27.92	3:07.67	35.03	1:17.27	2:50.61	1:19.57	2:53.30	6:08.10
		6級	34.08	1:14.58	2:41.51	5:43.18	11:52.85	22:41.69	38.10	1:22.18	2:58.63	42.14	1:31.20	3:14.76	36.37	1:20.01	2:56.69	1:22.71	2:59.94	6:22.52
	B	5級	35.34	1:17.32	2:47.51	5:55.96	12:18.58	23:30.87	39.39	1:24.93	3:04.58	43.67	1:34.47	3:21.84	37.71	1:22.74	3:02.77	1:25.85	3:06.59	6:36.93
		4級	36.60	1:20.06	2:53.50	6:08.74	12:44.31	24:20.05	40.69	1:27.67	3:10.54	45.20	1:37.75	3:28.93	39.06	1:25.48	3:08.85	1:28.98	3:13.24	6:51.35
3級		37.87	1:22.81	2:59.50	6:21.53	13:10.04	25:09.23	41.99	1:30.41	3:16.49	46.73	1:41.03	3:36.02	40.40	1:28.22	3:14.93	1:32.12	3:19.89	7:05.76	
2級		39.13	1:25.55	3:05.49	6:34.31	13:35.76	25:58.41	43.29	1:33.15	3:22.44	48.26	1:44.31	3:43.10	41.75	1:30.95	3:21.01	1:35.25	3:26.54	7:20.18	
1級		40.39	1:28.29	3:11.49	6:47.09	14:01.49	26:47.59	44.59	1:35.89	3:28.39	49.79	1:47.59	3:50.19	43.09	1:33.69	3:27.09	1:38.39	3:33.19	7:34.59	
10歳	AA	15級	27.19	59.55	2:08.82	4:33.48	9:32.08	18:12.61	30.84	1:06.80	2:25.23	33.75	1:13.11	2:35.82	29.04	1:04.76	2:22.85	1:05.61	2:23.60	5:03.88
		14級	27.84	1:00.99	2:11.89	4:40.01	9:45.74	18:38.69	31.59	1:08.43	2:28.77	34.68	1:15.12	2:40.10	29.77	1:06.41	2:26.48	1:07.14	2:26.93	5:10.94
		13級	28.49	1:02.43	2:14.96	4:46.54	9:59.40	19:04.78	32.35	1:10.06	2:32.31	35.61	1:17.12	2:44.38	30.51	1:08.06	2:30.12	1:08.66	2:30.27	5:18.01
		12級	29.14	1:03.86	2:18.03	4:53.06	10:13.06	19:30.87	33.10	1:11.69	2:35.85	36.53	1:19.13	2:48.66	31.25	1:09.71	2:33.75	1:10.19	2:33.61	5:25.07
		11級	29.79	1:05.30	2:21.10	4:59.59	10:26.72	19:56.95	33.85	1:13.32	2:39.39	37.46	1:21.14	2:52.94	31.99	1:11.35	2:37.38	1:11.71	2:36.95	5:32.14
	A	10級	31.18	1:08.29	2:27.57	5:13.07	10:55.09	20:49.65	35.29	1:16.33	2:45.81	39.13	1:24.69	3:00.53	33.46	1:14.41	2:44.00	1:15.18	2:44.24	5:47.62
		9級	32.57	1:11.28	2:34.04	5:26.55	11:23.47	21:42.34	36.74	1:19.35	2:52.23	40.81	1:28.25	3:08.13	34.93	1:17.46	2:50.61	1:18.65	2:51.54	6:03.11
		8級	33.96	1:14.27	2:40.51	5:40.03	11:51.85	22:35.03	38.18	1:22.37	2:58.65	42.48	1:31.80	3:15.72	36.40	1:20.51	2:57.22	1:22.12	2:58.83	6:18.59
		7級	35.35	1:17.25	2:46.97	5:53.51	12:20.23	23:27.73	39.63	1:25.39	3:05.07	44.15	1:35.36	3:23.32	37.87	1:23.57	3:03.83	1:25.58	3:06.13	6:34.08
		6級	36.74	1:20.24	2:53.44	6:06.99	12:48.60	24:20.42	41.07	1:28.40	3:11.49	45.83	1:38.91	3:30.91	39.34	1:26.62	3:10.44	1:29.05	3:13.42	6:49.56
	B	5級	38.13	1:23.23	2:59.91	6:20.47	13:16.98	25:13.12	42.51	1:31.42	3:17.91	47.50	1:42.47	3:38.51	40.81	1:29.67	3:17.05	1:32.52	3:20.71	7:05.05
		4級	39.52	1:26.22	3:06.38	6:33.95	13:45.36	26:05.81	43.96	1:34.44	3:24.33	49.17	1:46.02	3:46.10	42.28	1:32.73	3:23.66	1:35.99	3:28.01	7:20.53
3級		40.91	1:29.21	3:12.85	6:47.43	14:13.74	26:58.50	45.40	1:37.46	3:30.75	50.84	1:49.58	3:53.70	43.75	1:35.78	3:30.27	1:39.45	3:35.30	7:36.02	
2級		42.30	1:32.20	3:19.32	7:00.91	14:42.11	27:51.20	46.85	1:40.47	3:37.17	52.52	1:53.13	4:01.29	45.22	1:38.84	3:36.88	1:42.92	3:42.60	7:51.50	
1級		43.69	1:35.19	3:25.79	7:14.39	15:10.49	28:43.89	48.29	1:43.49	3:43.59	54.19	1:56.69	4:08.89	46.69	1:41.89	3:43.49	1:46.39	3:49.89	8:06.99	
9歳	AA	15級	29.14	1:03.86	2:18.03	4:53.06	10:13.06	19:30.87	33.10	1:11.69	2:35.85	36.53	1:19.13	2:48.66	31.25	1:09.71	2:33.75	1:10.19	2:33.61	5:25.07
		14級	29.59	1:04.86	2:20.17	4:57.61	10:22.57	19:49.04	33.59	1:12.76	2:38.18	37.27	1:20.73	2:52.06	31.78	1:10.88	2:36.33	1:11.24	2:35.92	5:29.95
		13級	30.04	1:05.85	2:22.31	5:02.16	10:32.09	20:07.21	34.09	1:13.83	2:40.51	38.01	1:22.32	2:55.46	32.30	1:12.05	2:38.91	1:12.30	2:38.23	5:34.84
		12級	30.50	1:06.85	2:24.45	5:06.70	10:41.60	20:25.39	34.58	1:14.91	2:42.85	38.74	1:23.92	2:58.86	32.83	1:13.22	2:41.49	1:13.35	2:40.53	

2023年度水泳資格表《女子13歳以上》

女子資格級		自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
		50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
19歳以上	AA	15級	23.44	50.93	1:51.48	3:55.35	8:05.38	15:26.54	25.65	55.06	1:59.56	28.97	1:03.19	2:15.16	24.54	54.68	2:01.29	57.13	2:02.90	4:20.83
		14級	23.93	52.00	1:53.41	3:59.52	8:13.62	15:42.27	26.28	56.36	2:02.16	29.69	1:04.36	2:17.73	25.15	55.79	2:03.41	58.32	2:05.46	4:25.71
		13級	24.43	53.07	1:55.35	4:03.68	8:21.86	15:58.01	26.91	57.66	2:04.76	30.41	1:05.54	2:20.29	25.76	56.90	2:05.54	59.51	2:08.02	4:30.58
		12級	24.92	54.14	1:57.29	4:07.85	8:30.11	16:13.74	27.53	58.95	2:07.36	31.14	1:06.71	2:22.86	26.37	58.01	2:07.67	1:00.70	2:10.58	4:35.45
		11級	25.41	55.21	1:59.23	4:12.01	8:38.35	16:29.48	28.16	1:00.25	2:09.96	31.86	1:07.89	2:25.42	26.98	59.12	2:09.80	1:01.89	2:13.14	4:40.32
	A	10級	26.41	57.37	2:03.85	4:21.48	8:57.56	17:06.97	29.26	1:02.57	2:14.91	33.09	1:10.57	2:31.00	28.06	1:01.50	2:14.87	1:04.31	2:18.36	4:51.31
		9級	27.41	59.53	2:08.46	4:30.95	9:16.78	17:44.46	30.37	1:04.90	2:19.87	34.33	1:13.25	2:36.57	29.14	1:03.87	2:19.94	1:06.73	2:23.59	5:02.29
		8級	28.40	1:01.68	2:13.08	4:40.41	9:35.99	18:21.95	31.47	1:07.22	2:24.82	35.56	1:15.93	2:42.15	30.22	1:06.25	2:25.01	1:09.15	2:28.81	5:13.28
		7級	29.40	1:03.84	2:17.69	4:49.88	9:55.21	18:59.44	32.57	1:09.55	2:29.77	36.79	1:18.61	2:47.73	31.30	1:08.63	2:30.08	1:11.57	2:34.04	5:24.27
		6級	30.40	1:06.00	2:22.31	4:59.35	10:14.42	19:36.93	33.67	1:11.87	2:34.72	38.02	1:21.29	2:53.30	32.39	1:11.00	2:35.15	1:13.99	2:39.27	5:35.25
	B	5級	31.40	1:08.16	2:26.93	5:08.82	10:33.63	20:14.42	34.78	1:14.19	2:39.68	39.26	1:23.97	2:58.88	33.47	1:13.38	2:40.21	1:16.41	2:44.49	5:46.24
		4級	32.40	1:10.32	2:31.54	5:18.29	10:52.85	20:51.92	35.88	1:16.52	2:44.63	40.49	1:26.65	3:04.46	34.55	1:15.76	2:45.28	1:18.83	2:49.72	5:57.23
		3級	33.39	1:12.47	2:36.16	5:27.75	11:12.06	21:29.41	36.98	1:18.84	2:49.58	41.72	1:29.33	3:10.04	35.63	1:18.14	2:50.35	1:21.25	2:54.94	6:08.22
		2級	34.39	1:14.63	2:40.77	5:37.22	11:31.28	22:06.90	38.09	1:21.17	2:54.54	42.96	1:32.01	3:15.61	36.71	1:20.51	2:55.42	1:23.67	3:00.16	6:19.20
		1級	35.39	1:16.79	2:45.39	5:46.69	11:50.49	22:44.39	39.19	1:23.49	2:59.49	44.19	1:34.69	3:21.19	37.79	1:22.89	3:00.49	1:26.09	3:05.39	6:30.19
17歳	AA	15級	24.43	53.07	1:55.35	4:03.68	8:21.86	15:58.01	26.91	57.66	2:04.76	30.41	1:05.54	2:20.29	25.76	56.90	2:05.54	59.51	2:08.02	4:30.58
		14級	24.89	54.10	1:57.17	4:07.13	8:28.41	16:10.50	27.37	58.83	2:07.08	30.91	1:06.76	2:22.84	26.24	57.98	2:07.70	1:00.54	2:10.24	4:34.84
		13級	25.36	55.14	1:58.99	4:10.57	8:34.95	16:22.99	27.83	1:00.01	2:09.39	31.41	1:07.99	2:25.39	26.72	59.07	2:09.86	1:01.58	2:12.46	4:39.10
		12級	25.82	56.17	2:00.81	4:14.02	8:41.50	16:35.48	28.30	1:01.19	2:11.71	31.91	1:09.21	2:27.93	27.19	1:00.15	2:12.01	1:02.61	2:14.69	4:43.37
		11級	26.29	57.20	2:02.63	4:17.46	8:48.04	16:47.97	28.76	1:02.37	2:14.03	32.41	1:10.44	2:30.48	27.67	1:01.24	2:14.17	1:03.65	2:16.91	4:47.63
	A	10級	27.25	59.26	2:07.14	4:26.87	9:07.28	17:25.54	29.85	1:04.60	2:18.83	33.65	1:12.99	2:35.83	28.73	1:03.53	2:19.06	1:06.02	2:22.02	4:58.44
		9級	28.21	1:01.32	2:11.64	4:36.29	9:26.53	18:03.10	30.95	1:06.83	2:23.62	34.89	1:15.55	2:41.18	29.79	1:05.81	2:23.95	1:08.39	2:27.13	5:09.24
		8級	29.17	1:03.38	2:16.15	4:45.70	9:45.77	18:40.66	32.04	1:09.07	2:28.42	36.12	1:18.11	2:46.53	30.86	1:08.09	2:28.85	1:10.77	2:32.23	5:20.05
		7級	30.13	1:05.44	2:20.65	4:55.11	10:05.02	19:18.22	33.13	1:11.30	2:33.21	37.36	1:20.66	2:51.88	31.92	1:10.38	2:33.74	1:13.14	2:37.34	5:30.85
		6級	31.09	1:07.50	2:25.16	5:04.53	10:24.27	19:55.78	34.23	1:13.53	2:38.01	38.60	1:23.21	2:57.24	32.98	1:12.67	2:38.63	1:15.52	2:42.45	5:41.66
	B	5級	32.05	1:09.55	2:29.67	5:13.94	10:43.51	20:33.34	35.32	1:15.76	2:42.81	39.84	1:25.77	3:02.59	34.04	1:14.95	2:43.52	1:17.89	2:47.56	5:52.47
		4級	33.01	1:11.61	2:34.17	5:23.35	11:02.75	21:10.91	36.41	1:17.99	2:47.60	41.08	1:28.32	3:07.94	35.10	1:17.23	2:48.41	1:20.27	2:52.67	6:03.27
		3級	33.97	1:13.67	2:38.68	5:32.76	11:22.00	21:48.47	37.50	1:20.23	2:52.40	42.31	1:30.88	3:13.29	36.17	1:19.52	2:53.31	1:22.64	2:57.77	6:14.08
		2級	34.93	1:15.73	2:43.18	5:42.18	11:41.24	22:26.03	38.60	1:22.46	2:57.19	43.55	1:33.43	3:18.64	37.23	1:21.81	2:58.20	1:25.02	3:02.88	6:24.88
		1級	35.89	1:17.79	2:47.69	5:51.59	12:00.49	23:03.59	39.69	1:24.69	3:01.99	44.79	1:35.99	3:23.99	38.29	1:24.09	3:03.09	1:27.39	3:07.99	6:35.69
15歳	AA	15級	24.89	54.10	1:57.17	4:07.13	8:28.41	16:10.50	27.37	58.83	2:07.08	30.91	1:06.76	2:22.84	26.24	57.98	2:07.70	1:00.54	2:10.24	4:34.84
		14級	25.28	54.90	1:58.63	4:09.84	8:33.90	16:20.98	27.74	59.77	2:08.82	31.34	1:07.79	2:24.85	26.65	58.92	2:09.42	1:01.42	2:12.12	4:38.42
		13級	25.67	55.69	2:00.09	4:12.55	8:39.39	16:31.47	28.11	1:00.71	2:10.56	31.77	1:08.83	2:26.86	27.06	59.85	2:11.14	1:02.29	2:13.99	4:42.01
		12級	26.05	56.48	2:01.55	4:15.27	8:44.89	16:41.96	28.48	1:01.64	2:12.30	32.19	1:09.86	2:28.88	27.47	1:00.78	2:12.86	1:03.16	2:15.87	4:45.59
		11級	26.44	57.27	2:03.01	4:17.98	8:50.38	16:52.44	28.86	1:02.58	2:14.04	32.62	1:10.89	2:30.89	27.88	1:01.71	2:14.58	1:04.03	2:17.74	4:49.17
	A	10級	27.44	59.44	2:07.72	4:27.84	9:10.42	17:31.54	30.00	1:04.91	2:19.09	33.90	1:13.54	2:36.50	28.98	1:04.07	2:19.69	1:06.49	2:23.03	5:00.39
		9級	28.43	1:01.61	2:12.43	4:37.70	9:30.46	18:10.63	31.14	1:07.24	2:24.15	35.19	1:16.19	2:42.11	30.08	1:06.43	2:24.80	1:08.94	2:28.33	5:11.61
		8級	29.43	1:03.79	2:17.13	4:47.56	9:50.50	18:49.73	32.29	1:09.57	2:29.20	36.48	1:18.84	2:47.72	31.18	1:08.78	2:29.91	1:11.40	2:33.62	5:22.84
		7級	30.42	1:05.96	2:21.84	4:57.42	10:10.54	19:28.82	33.43	1:11.90	2:34.26	37.77	1:21.49	2:53.33	32.29	1:11.14	2:35.02	1:13.85	2:38.92	5:34.06
		6級	31.42	1:08.13	2:26.55	5:07.29	10:30.58	20:07.92	34.57	1:14.23	2:39.31	39.05	1:24.14	2:58.94	33.39	1:13.50	2:40.14	1:16.31	2:44.22	5:45.28
	B	5級	32.41	1:10.30	2:31.26	5:17.15	10:50.63	20:47.01	35.72	1:16.57	2:44.37	40.34	1:26.79	3:04.55	34.49	1:15.86	2:45.25	1:18.77	2:49.51	5:56.50
		4級	33.40	1:12.47	2:35.97	5:27.01	11:10.67	21:26.11	36.86	1:18.90	2:49.43	41.63	1:29.44	3:10.16	35.59	1:18.22	2:50.36	1:21.22	2:54.81	6:07.72
		3級	34.40	1:14.65	2:40.67	5:36.87	11:30.71	22:05.20	38.00	1:21.23	2:54.48	42.92	1:32.09	3:15.77	36.69	1:20.57	2:55.47	1:23.68	3:00.10	6:18.95
		2級	35.39	1:16.82	2:45.38	5:46.73	11:50.75	22:44.30	39.15	1:23.56	2:59.53	44.20	1:34.74	3:21.38	37.79	1:22.93	3:00.58	1:26.13	3:05.40	6:30.17
		1級	36.39	1:18.99	2:50.09	5:56.59	12:10.79	23:23.39	40.29	1:25.89	3:04.59	45.49	1:37.39	3:26.99	38.89	1:25.29	3:05.69	1:28.59	3:10.69	6:41.39
14歳	AA	15級	25.28	54.90	1:58.63	4:09.84	8:33.90	16:20.98	27.74	59.77	2:08.82	31.34	1:07.79	2:24.85	26.65	58.92	2:09.42	1:01.42	2:12.12	4:38.42
		14級	25.69	55.74	2:00.32	4:13.14	8:40.69	16:33.93	28.17	1:00.80	2:10.86	31.80	1:08.87	2:26.99	27.07	59.87	2:11.33	1:02.32	2:14.06	4:42.30
		13級	26.09	56.59	2:02.02	4:16.44	8:47.47	16:46.88	28.60	1:01.84	2:12.90	32.25	1:09.94	2:29.14	27.50	1:00.83	2:13.24	1:03.22	2:16.00	4:46.19
		12級	26.50	57.44	2:03.71	4:19.74	8:54.25	16:59.83	29.03	1:02.87	2:14.95	32.71	1:11.02	2:31.28	27.92	1:01.78	2:15.16	1:04.13	2:17.95	4:50.07
		11級	26.91	58.29	2:05.40	4:23.04	9:01													

2023年度水泳資格表《女子12歳以下》

女子資格級		自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
		50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
12歳	AA	15級	26.01	56.49	2:01.87	4:16.13	8:46.84	16:45.68	28.58	1:01.76	2:12.97	32.19	1:09.78	2:28.81	27.47	1:00.75	2:13.41	1:03.17	2:15.89	4:46.05
		14級	26.44	57.50	2:04.12	4:21.26	8:57.38	17:05.80	29.19	1:03.01	2:15.66	32.81	1:10.99	2:31.38	28.00	1:01.95	2:16.04	1:04.25	2:18.20	4:50.85
		13級	26.87	58.50	2:06.37	4:26.38	9:07.92	17:25.92	29.80	1:04.26	2:18.35	33.44	1:12.19	2:33.96	28.53	1:03.14	2:18.66	1:05.32	2:20.52	4:55.64
		12級	27.29	59.51	2:08.63	4:31.51	9:18.46	17:46.04	30.40	1:05.51	2:21.04	34.06	1:13.40	2:36.53	29.07	1:04.34	2:21.28	1:06.40	2:22.83	5:00.43
		11級	27.72	1:00.51	2:10.88	4:36.63	9:29.00	18:06.16	31.01	1:06.76	2:23.73	34.69	1:14.61	2:39.11	29.60	1:05.53	2:23.90	1:07.48	2:25.15	5:05.23
	A	10級	28.93	1:03.10	2:16.39	4:47.97	9:52.03	18:51.03	32.32	1:09.47	2:29.54	36.19	1:17.80	2:45.83	30.89	1:08.31	2:29.82	1:10.42	2:31.48	5:18.60
		9級	30.13	1:05.69	2:21.90	4:59.31	10:15.06	19:35.90	33.63	1:12.19	2:35.36	37.69	1:20.99	2:52.54	32.18	1:11.08	2:35.74	1:13.36	2:37.82	5:31.98
		8級	31.34	1:08.27	2:27.41	5:10.64	10:38.09	20:20.78	34.93	1:14.90	2:41.17	39.19	1:24.17	2:59.26	33.47	1:13.86	2:41.66	1:16.30	2:44.15	5:45.36
		7級	32.55	1:10.86	2:32.92	5:21.98	11:01.11	21:05.65	36.24	1:17.61	2:46.99	40.69	1:27.36	3:05.98	34.76	1:16.63	2:47.58	1:19.24	2:50.49	5:58.73
		6級	33.75	1:13.45	2:38.44	5:33.31	11:24.14	21:50.52	37.55	1:20.33	2:52.81	42.19	1:30.55	3:12.70	36.05	1:19.41	2:53.50	1:22.18	2:56.82	6:12.11
	B	5級	34.96	1:16.04	2:43.95	5:44.65	11:47.17	22:35.40	38.86	1:23.04	2:58.62	43.69	1:33.74	3:19.42	37.33	1:22.19	2:59.41	1:25.12	3:03.15	6:25.49
		4級	36.17	1:18.63	2:49.46	5:55.98	12:10.20	23:20.27	40.17	1:25.75	3:04.44	45.19	1:36.93	3:26.14	38.62	1:24.96	3:05.33	1:28.07	3:09.49	6:38.86
3級		37.38	1:21.21	2:54.97	6:07.32	12:33.23	24:05.14	41.47	1:28.46	3:10.26	46.69	1:40.11	3:32.85	39.91	1:27.74	3:11.25	1:31.01	3:15.82	6:52.24	
2級		38.58	1:23.80	3:00.48	6:18.65	12:56.26	24:50.02	42.78	1:31.18	3:16.07	48.19	1:43.30	3:39.57	41.20	1:30.51	3:17.17	1:33.95	3:22.16	7:05.61	
1級		39.79	1:26.39	3:05.99	6:29.99	13:19.29	25:34.89	44.09	1:33.89	3:21.89	49.69	1:46.49	3:46.29	42.49	1:33.29	3:23.09	1:36.89	3:28.49	7:18.99	
11歳	AA	15級	26.44	57.50	2:04.12	4:21.26	8:57.38	17:05.80	29.19	1:03.01	2:15.66	32.81	1:10.99	2:31.38	28.00	1:01.95	2:16.04	1:04.25	2:18.20	4:50.85
		14級	26.93	58.67	2:06.57	4:26.71	9:10.24	17:30.34	29.81	1:04.48	2:18.82	33.46	1:12.40	2:34.39	28.58	1:03.31	2:19.03	1:05.48	2:20.86	4:56.37
		13級	27.42	59.84	2:09.02	4:32.17	9:23.09	17:54.89	30.42	1:05.95	2:21.99	34.11	1:13.81	2:37.40	29.16	1:04.68	2:22.03	1:06.71	2:23.51	5:01.89
		12級	27.92	1:01.02	2:11.48	4:37.62	9:35.95	18:19.43	31.04	1:07.42	2:25.15	34.75	1:15.22	2:40.41	29.74	1:06.04	2:25.03	1:07.94	2:26.16	5:07.40
		11級	28.41	1:02.19	2:13.93	4:43.08	9:48.81	18:43.97	31.66	1:08.89	2:28.31	35.40	1:16.63	2:43.42	30.32	1:07.41	2:28.03	1:09.18	2:28.81	5:12.92
	A	10級	29.74	1:05.03	2:20.06	4:55.69	10:14.52	19:32.61	33.11	1:11.85	2:34.66	37.07	1:20.14	2:50.82	31.75	1:10.46	2:34.54	1:12.43	2:35.81	5:27.69
		9級	31.07	1:07.87	2:26.18	5:08.30	10:40.22	20:21.26	34.57	1:14.81	2:41.01	38.74	1:23.64	2:58.23	33.17	1:13.51	2:41.04	1:15.68	2:42.81	5:42.46
		8級	32.39	1:10.71	2:32.31	5:20.91	11:05.93	21:09.90	36.02	1:17.77	2:47.35	40.41	1:27.15	3:05.64	34.60	1:16.55	2:47.55	1:18.93	2:49.80	5:57.22
		7級	33.72	1:13.55	2:38.43	5:33.52	11:31.64	21:58.54	37.47	1:20.73	2:53.70	42.08	1:30.65	3:13.05	36.03	1:19.60	2:54.05	1:22.18	2:56.80	6:11.99
		6級	35.05	1:16.39	2:44.56	5:46.14	11:57.35	22:47.18	38.92	1:23.69	3:00.05	43.75	1:34.16	3:20.45	37.46	1:22.65	3:00.56	1:25.43	3:03.80	6:26.76
	B	5級	36.38	1:19.23	2:50.69	5:58.75	12:23.06	23:35.82	40.38	1:26.65	3:06.40	45.41	1:37.67	3:27.86	38.88	1:25.70	3:07.07	1:28.68	3:10.80	6:41.52
		4級	37.71	1:22.07	2:56.81	6:11.36	12:48.77	24:24.46	41.83	1:29.61	3:12.75	47.08	1:41.17	3:35.27	40.31	1:28.75	3:13.57	1:31.94	3:17.80	6:56.29
3級		39.03	1:24.91	3:02.94	6:23.97	13:14.47	25:13.11	43.28	1:32.57	3:19.09	48.75	1:44.68	3:42.68	41.74	1:31.79	3:20.08	1:35.19	3:24.79	7:11.06	
2級		40.36	1:27.75	3:09.06	6:36.58	13:40.18	26:01.75	44.74	1:35.53	3:25.44	50.42	1:48.18	3:50.08	43.16	1:34.84	3:26.58	1:38.44	3:31.79	7:25.82	
1級		41.69	1:30.59	3:15.19	6:49.19	14:05.89	26:50.39	46.19	1:38.49	3:31.79	52.09	1:51.69	3:57.49	44.59	1:37.89	3:33.09	1:41.69	3:38.79	7:40.59	
10歳	AA	15級	27.92	1:01.02	2:11.48	4:37.62	9:35.95	18:19.43	31.04	1:07.42	2:25.15	34.75	1:15.22	2:40.41	29.74	1:06.04	2:25.03	1:07.94	2:26.16	5:07.40
		14級	28.41	1:02.13	2:13.69	4:41.87	9:45.16	18:37.00	31.72	1:08.94	2:28.41	35.54	1:16.93	2:44.06	30.31	1:07.34	2:27.87	1:09.33	2:29.15	5:13.68
		13級	28.91	1:03.23	2:15.90	4:46.11	9:54.36	18:54.57	32.41	1:10.45	2:31.67	36.33	1:18.64	2:47.70	30.89	1:08.63	2:30.71	1:10.72	2:32.14	5:19.95
		12級	29.40	1:04.34	2:18.11	4:50.36	10:03.57	19:12.14	33.09	1:11.97	2:34.93	37.12	1:20.35	2:51.35	31.46	1:09.92	2:33.54	1:12.11	2:35.13	5:26.23
		11級	29.90	1:05.45	2:20.32	4:54.60	10:12.77	19:29.71	33.77	1:13.48	2:38.20	37.91	1:22.06	2:55.00	32.03	1:11.21	2:36.38	1:13.50	2:38.12	5:32.50
	A	10級	31.28	1:08.43	2:26.87	5:08.58	10:42.54	20:25.13	35.22	1:16.48	2:44.73	39.54	1:25.53	3:02.39	33.50	1:14.28	2:43.09	1:16.79	2:45.30	5:47.95
		9級	32.66	1:11.40	2:33.41	5:22.56	11:12.31	21:20.55	36.67	1:19.48	2:51.27	41.17	1:28.99	3:09.78	34.96	1:17.35	2:49.80	1:20.08	2:52.47	6:03.40
		8級	34.04	1:14.37	2:39.96	5:36.54	11:42.09	22:15.97	38.13	1:22.48	2:57.81	42.79	1:32.45	3:17.17	36.43	1:20.42	2:56.51	1:23.37	2:59.65	6:18.85
		7級	35.42	1:17.35	2:46.51	5:50.52	12:11.86	23:11.38	39.58	1:25.48	3:04.35	44.42	1:35.91	3:24.56	37.89	1:23.48	3:03.22	1:26.66	3:06.83	6:34.30
		6級	36.79	1:20.32	2:53.06	6:04.50	12:41.63	24:06.80	41.03	1:28.49	3:10.89	46.05	1:39.38	3:31.95	39.36	1:26.55	3:09.93	1:29.95	3:14.01	6:49.75
	B	5級	38.17	1:23.29	2:59.60	6:18.47	13:11.40	25:02.22	42.48	1:31.49	3:17.43	47.68	1:42.84	3:39.33	40.83	1:29.62	3:16.65	1:33.24	3:21.18	7:05.19
		4級	39.55	1:26.27	3:06.15	6:32.45	13:41.17	25:57.64	43.93	1:34.49	3:23.97	49.31	1:46.30	3:46.72	42.29	1:32.69	3:23.36	1:36.52	3:28.36	7:20.64
3級		40.93	1:29.24	3:12.70	6:46.43	14:10.95	26:53.05	45.39	1:37.49	3:30.51	50.93	1:49.76	3:54.11	43.76	1:35.75	3:30.07	1:39.81	3:35.54	7:36.09	
2級		42.31	1:32.22	3:19.24	7:00.41	14:40.72	27:48.47	46.84	1:40.49	3:37.05	52.56	1:53.23	4:01.50	45.22	1:38.82	3:36.78	1:43.10	3:42.71	7:51.54	
1級		43.69	1:35.19	3:25.79	7:14.39	15:10.49	28:43.89	48.29	1:43.49	3:43.59	54.19	1:56.69	4:08.89	46.69	1:41.89	3:43.49	1:46.39	3:49.89	8:06.99	
9歳	AA	15級	29.40	1:04.34	2:18.11	4:50.36	10:03.57	19:12.14	33.09	1:11.97	2:34.93	37.12	1:20.35	2:51.35	31.46	1:09.92	2:33.54	1:12.11	2:35.13	5:26.23
		14級	29.85	1:05.33	2:20.19	4:54.62	10:12.53	19:29.25	33.71	1:13.32	2:37.84	37.88	1:21.99	2:54.84	31.96	1:11.04	2:36.01	1:13.22	2:37.50	5:31.21
		13級	30.30	1:06.32	2:22.27	4:58.88	10:21.49	19:46.36	34.33	1:14.67	2:40.74	38.63	1:23.62	2:58.32	32.47	1:12.17	2:38.48	1:14.32	2:39.87	5:36.20
		12級	30.75	1:07.31	2:24.34	5:03.15	10:30.45	20:03.46	34.95	1:16.01	2:43.65	39.39	1:25.25	3:01.81	32.97	1:13.29	2:40.95	1:15.42		